



Child Nurture And Relief Kashmir

(CHINAR, Kashmir)



17 Years of Ensuring Equal Opportunities to Children in Need.

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Join The Cause ₁

MESSAGE FROM THE PRESIDENT



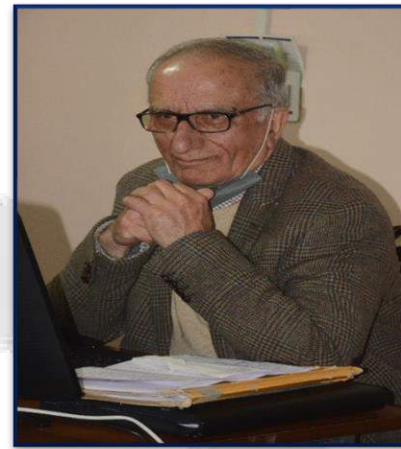
In the autumn of 2004, we opened the doors of Child Nurture and Relief Kashmir CHINAR Kashmir Home to a small group of orphaned boys and girls. This, our pilot project, was an endeavour to provide a loving home, a mother's care and stability to children who had lost their families.

In the ensuing decade we have grown to run several other programs aimed at providing stability and succour to children and families. The CHINAR Kashmir Home is now housed in our own spacious facility instead of a rental accommodation. Through the support of our RCSP program a large group of disadvantaged children, from many parts of J&K; have managed to continue their education. We have done extensive relief and rehabilitation work during the natural disasters that have struck this region in the last decade. We are also providing a measure of dignity to marginalized families by providing especially the girl-child opportunities to acquire professional skills and also, wherever necessary, repairing their homes too.

None of this would have been possible without the generosity of our countless donors, the unwavering support of our well-wishers and the energy and enthusiasm of our young volunteers. On behalf of the entire Child Nurture and Relief Kashmir (CHINAR Kashmir) family, I thank you all.

N. A. Qureshi
President
CHINAR Kashmir

MESSAGE FROM THE BOARD OF DIRECTORS



Dear Benefactor(s),

You have helped us make CHINAR Kashmir a success in all means. Thanks to you – our benefactors, well wishers and volunteers – we have been able to create lasting change in the lives of many underprivileged children.

Your generosity helped needy children to get a chance at a better education. Your contributions ensured that the children of less privileged families are able to chase their dreams. Your unwavering support helped our projects to be sustainable and we cannot thank you enough!

Our heartfelt gratitude for everything you have done for us. As we turn seventeen, we sincerely hope to continue transforming the lives of needy and poor children, with you by our side!

On behalf of the Board of Directors,

Pirzada Mumtaz Ahmad
Secretary
CHINAR Kashmir

INTRODUCTION

CHINAR Kashmir – Growing with confidence.



Child Nurture and Relief Kashmir (CHINAR Kashmir) is a non-profit, non-religious, apolitical organization helping orphans and destitute children, women and youth in Jammu & Kashmir.

CHINAR Kashmir, has been active in Jammu and Kashmir since 2004 when we started with our pilot project – a

Home, for a group of orphaned boys and girls in Srinagar. We have since grown to include several other programs but our core values of, providing quality assistance with accountability and transparency at its heart, have remained the same. Our focus has always been on improving the lives of marginalized children, women and families, primarily through education and development of employment-oriented skills. We are based in Jammu and Kashmir and run several innovative programs geared towards social and economic empowerment of women and youth; ensuring familial care and education for destitute children; and providing material assistance to needy families.

We have also done extensive disaster relief and rehabilitation work in Kashmir since 2004. Our work has been supported by generous monetary donations from both individuals and institutions as well as through the boundless energy and hard work of our team of dedicated volunteers.

M Our mission is to provide means and resources to
I children in need to enable them to have basic necessities
S of life. We believe in the inherent worth of all the
S children and their rights to be nurtured, protected and
I given opportunities to develop their full potential. Every
O child deserves realisation of self-esteem, to become a
N medium to heal, repair, and improve our world at large,
through education.

O Our Objective is to;
B
J - promote efficient and quality services for children in
E need through education, skills, training, consultation,
C conferences, publications, research and other lawful
T means.
I - empower children in need with skills and emotional
V support through guidance, counselling, and information
E dissemination to help them become responsible and
S productive members of the society.
- assist communities in coping with the orphans by
organising and maintaining homes for them and
wherever desirable/possible provide assistance at their
own places of residence.
- promote and open exchange of ideas, data and
resources within and across systems, that help children
in need and serve as a conduit for that information.

OUR PROGRAMMES

1. CHINAR HOME PROGRAMME (CHP)



This is a Home for a group of destitute children who are being cared for in a familial environment by live-in caregivers (Mothers). The children are provided quality education in good private schools besides in-house tuition.

As already stated, this programme provides a home for destitute children, mainly Orphans who have no one to look after them. This is designed to focus on the immediate survival and protection needs of these children and also on their long-term developmental and psychosocial needs. The beneficiaries of this programme are being identified, by our resource persons, from varied locations. After being identified they get selected by proper verification of their condition from different sources and keeping in view all the necessary criteria for enrolment, like age of the child at the time of enrolment (6 to 8 years), economic conditions of the family etc. Once the said process is completed, these beneficiaries get enrolled in this particular programme and avail all the benefits. In all modesty, we consider our facilities (residential and others) to be at par with the best in the country, for such organizations. That is why stress is on quality of living and education etc. imparted to the children rather than their quantity.

CHINAR Home Programme was our pilot project that started in 2004. Since then, it was operating out of rented buildings. In the beginning CHINAR Kashmir (CK) Home was situated at Hakim Ali House. After that it was shifted initially to Noor Manzil, Balgarden and then to Shahdar Manzil, Khalid Abad Baghat till September 2015. Finally in autumn of the year 2015, CK Home shifted to our own building at Khanpora, Budgam.

CK Home has been built keeping in mind that, the children should get the same facilities like our own children. This purpose actually got fulfilled after shifting to Khanpora as the children were very happy to have a warm and spacious place to call their home.

For holistic development of children, various workshops on personality development etc are organised, and a myriad set of extra-curricular activities including photography, computer training, art and games etc are also organized and children have facilities like; a playground, where they enjoy many games like cricket, football etc.; a lawn, where they sit and relax.; a big hall, inside the building where children play indoor games like carrom, table tennis etc. and a recently constructed park, that consist of Swings, Slides, Seesaw. etc, so as to ensure a well-rounded development.

CHALLENGES FACED

CHINAR Home Programme being the first project has been a much-cherished programme, but there were lot of challenges that we faced while its execution:

Identifying children and then to convince their extended families / guardians, to send their children to CHINAR Kashmir (CK) Home.

Helping children to cope with the new surroundings and environment.

Preventing CK Home children from selfish relatives who claim these children “AS THEIR OWN”, as natural guardians, only after they grow up, to the age of 13 to 14 years, in order to use them as domestic help, or in their agricultural activities. For such people a child stops being a Liability at 14 and becomes an Asset, an additional pair of hands, to be used wherever necessary, which is really unfortunate.

CK Home has sad memories associated with it as well, of the children leaving the Home prematurely being one of them. Early departure of few children, is the saddest memory in minds of the entire CHINAR Kashmir family. One girl was the topper of her class, ever since she was enrolled in the school, till the time she left and the other boy besides being a good student was a lovely kid, who would bring a smile to the face of every sad person, by his loving demeanour and playful antics. The memories of their stay of eight years in the CHINAR Kashmir home will always remain a cherished memory for their fellow kid. In spite of our best efforts, we were unable to get them back to this programme after their families took these children away.

Fund raising for building our own, basic infrastructure was also a challenge.

2. REMOTE CHILD SPONSORSHIP PROGRAMME (RCSP).



This programme has emerged from the challenges faced in CHINAR Home Programme. One fine day, a thought about all those children in need, whose parent(s) / guardians are not ready to send their children away from the family, resulted in the conceptualisation of a programme where the needy

children and their families are supported without moving the children away from their immediate environments. This programme was named as “Remote Child Sponsorship Programme (RCSP)”.

In 2010, CHINAR Kashmir started RCSP programme with six children from District Srinagar and exactly after a decade we have helped more than 180 children in this programme from various places like Leh, Kishtwar, Pulwama, Pahalgam, Devsar, Kokernag, Ganderbal, Bandipora, Uri, Baramulla, Kupwara, Tangmarg, and Budgam.

In this programme, the educational/financial assistance upto class 12th is provided to underprivileged children whose parent(s) / guardians are not able to take care of the educational and other basic expenses of their children.

The monitoring and evaluation process followed in this programme is strict, and the progress of every student sponsored under this programme is monitored regularly. Those students who don't perform well in studies, inspite of CK help and encouragement, are dropped from this programme, after giving them ample chances to improve.

Some of the students, sponsored in RCSP have really done very well in all their; school and board exams. Regular interaction and counselling of the students enrolled in this programme by our team helps to shape up their career objectives.

3. SCHOLARSHIP, TRAINING AND EDUCATION PROGRAMME FOR UNDER GRADUATES AND POST GRADUATES (STEP-UP)

- *Under this programme, CHINAR Kashmir sponsors those students who are willing to continue their higher education (beyond, Class 12th), but cannot continue due to; abject poverty, poor socio-economic condition caused by the sudden loss of single or both parents, or ill health or loss of the earning member in the family.*

STEP-UP programme was started in the year 2016 and is still growing. So far, CHINAR Kashmir has supported **32 students** under this programme. The students who are helped through this programme are pursuing technical degrees and diploma courses like **MBBS, B.Tech, BCA, BBA, Electrical Engineering, B.Sc. Nursing, Female Multi-Purpose Health Worker (FMPHW)** etc within and outside J&K.

4. SKILLS ENHANCEMENT AND ENTREPRENEURSHIP DEVELOPMENT (SEED) PROGRAMME



The objective of this programme is to play the role of a catalyst towards the aim of empowering socio-economically marginalized women/young men and also, by extension, their equally disadvantaged families and communities. This is done by providing them; training in marketable vocational trades, which would allow them to, sharpen their

abilities, empower themselves by honing their skills and earn a livelihood, which transforms their lives and of their families.

In 2015, under SEED Programme, CHINAR Kashmir started training young girls and women, in the skill of basic Cutting & Tailoring. The training was conducted initially in the premises of CHINAR Kashmir Home at Khanpora that covered the adjoining area of village Khanpora and Zoorigund of District Budgam. As the enrolment of local girls from villages around the CK children Home flattened out due to saturation, we then opened the training Centres at different locations like Ompora, Narkura, Qazibagh, Hurru (Budgam), Allouchibagh, Rainawari (Srinagar), Zub, Dooniwara, Sogam, Hayatpora (Kupwara), Devbugh Kunzar, Chandoosa (Baramulla) and Kishtwar.

The duration of cutting and tailoring course is of 4 months and can be extended, if required. Each batch consists of 16 – 20 girls. School drop-outs, widows, and orphan girls also got benefitted, since they were given priority to get enrolled in order to make them self-reliant for their sustenance.

In addition to cutting and tailoring, CK has also provided training on Sozni Craft and Mehandi Designing at Sogam Kupwara and Rainawari Srinagar respectively.

Total No. girls/women trained in Kashmir province so far = 250

Total No. girls/women trained in Jammu province so far = 111

NOTE: CHINAR Kashmir has also provided sewing machines to some poor girls who already had cutting and tailoring skill. We have so far helped 21 girls from 5 different districts of J&K (Srinagar, Bandipora, Budgam Kupwara and Kishtwar) to establish their own enterprises by providing them with Sewing machines, Design machines and other tailoring accessories. 6 out of these 21 girls got training from the centres run by CHINAR Kashmir.

5. GIVING HOUSING ASSISTANCE AND RELIEF (GHAR) PROGRAMME



GHAR Programme was framed to help those poor and destitute families who don't have a proper roof over their head and for those also; who have a house but don't have basic amenities essential for a dignified living, suitable for the harsh winters of Kashmir. So, through GHAR programme we help such families by either rebuilding or repairing their homes (e.g damaged/leaking roofs, toilets, & separate cooking areas etc) and providing them a safe and dignified living space.

The first & foremost beneficiaries for GHAR programme are the families of children sponsored either through RCSP or CHP. The CHINAR Kashmir team observed that there are kids in our educational support programmes who don't have a proper place to live in & this was an important point to work on so that the impact of our educational programmes is more meaningful.

So, it was decided to identify such families whose children are getting educational support but due to lack of proper living place, they are not able to focus on their studies properly.

6. DISASTER RELIEF AND REHABILITATION (DRR) PROGRAMME.

This programme came into existence in 2005 when the devastating earthquake destroyed some areas of Uri and Kupwara in J&K. CHINAR Kashmir did extensive relief and rehabilitation work in the earthquake affected villages in Uri by; building a large number of semi-permanent shelters for the people rendered

homeless by the Earthquake, and by providing skills training to women of these villages.

CHINAR Kashmir has always been in the forefront for helping people who are victims of man-made or natural disasters.

Relief Work was also done in the village Waltengo, which was affected by Snow-Avalanches in 2005. After the devastating floods of September 2014 in J&K, CHINAR Kashmir adopted three badly damaged areas, one each in the worst affected Districts of; Srinagar, Anantnag, and Pulwama. Substantial financial support was provided for rebuilding / repairing damaged homes, in addition to distribution of; Hygiene Kits, Rice, Bedding, Stationary Items for children, Water filters, Warm clothing and Dry Rations. We also distributed Cows to many flood-affected families in these areas, as an effort towards reviving of livelihoods.

Three large, Community-Toilet-Blocks were also constructed in different areas of Narkara in the Budgam District.



Apart from helping people affected by natural disasters, CHINAR Kashmir has helped (with relief materials), from time to time, many Fire victims in Narwaal Jammu, Downtown Srinagar, Wadder Payeen Handwara and Shopian. Recently, in December 2020,

CHINAR Kashmir also provided immediate relief (Cash, Winter Clothing, Bedding, Food Kits, Fire pots and Utensils) to Fire victims of Namchibal Srinagar.

One ambulance was also donated to Principal GMC, for use in the Bone and Joint Surgery Hospital, Barzulla, in the year 2016.

During COVID-19 Pandemic, CHINAR Kashmir extended financial support to more than 200 families, who had no source of income due to lock-down, enforced as a consequence of the Pandemic.

IMPACT OF CHINAR KASHMIR PROGRAMMES

The CHINAR Kashmir Programmes have had a positive impact not only on children but their families too. These are the children who would never have dreamt of attaining good education; being victims of conflict, traumatized and engulfed in the vicious cycle of poverty. Enrolment in the CHINAR Kashmir's educational programmes provided them the opportunity to live life like other children. It's due to the efforts and inputs of CHINAR Kashmir that children are being provided their basic rights of protection, survival, development and happiness. We have been also able to make positive impact on lives of many people in need.

- ***The senior most children have reached graduation level, after having grown up, at the CHINAR Kashmir Home (CHP).*** They have joined various courses like Computer Science Engineering (CSE), Integrated Masters in Business Administration (IMBA), Honours Political Science and Nursing. Through CHP we have made sure that the children feel at home and get all things a child should receive at home. Quoting one of the child grown up at Home;

“In CHINAR I got everything which I couldn't have get if I would be at home because of my family conditions. Everything I needed CHINAR has always given me. The staff of chinar treated us very good like their own family especially the mother she takes our care like we are her own children. CHINAR always supported us in our decisions. I am doing IMBA and this is only because of CHINAR and I am very thankful to them for helping me to achieve my dreams.”

- ***RCSP enrolment ensures that no child gets dropped out of school due to lack of resources in their families.*** The progress of RCSP students is an impact in itself. Quoting one of the students;

“Help from your organisation is proving to be extremely helpful, without that it would have been next to impossible for me to continue my studies”.

- ***With the help of STEP-UP programme, students who complete their higher education studies and want to excel in their field of interest are able to continue their studies and achieve their goals.*** One of the beneficiaries who had decided to give up his studies due to the financial crisis at home was able to complete his post-graduation degree. The student in a thank you note to CHINAR Kashmir said;

“I want to achieve something in my life so that one day I become one of the sponsors of education for needy children, through CHINAR Kashmir”

- *SEED programme has empowered many young girls to achieve economic stability. More than 75% of girls trained under this programme are already earning.* Some of the girls, after completing their training, have set up their own enterprises and are making, much needed profits for themselves and their families. Most of them have started working from their homes, catering to local needs in their respective areas. Quoting some trainees;

“I am very thankful to CHINAR Kashmir for giving me opportunity to learn and I have now opened my own boutique in my village.”

“I left my studies due to illness of my father. I was able to support my family after I learned cutting and tailoring skill. I have now opened my boutique at my own house. Thankyou CHINAR Kashmir.”

“For poor girls like us, CHINAR Kashmir has done a great job by opening the centre where we got opportunity to learn cutting/stitching. We are three sisters and our father, a labourer, cannot meet our needs. So to be capable of serving self and my family, I learnt this skill. ”

- *GHAR Programme fulfils one of the basic needs of a person i.e., Shelter. It is a kind of psychological burden on a person that one does not have a proper house to live in and because of that a person is not able live a productive live.* The family members are not able to think beyond fulfilling basic necessities and are forced to ignore the other important requirement of life like providing education to their children. **The absence of basic necessities makes children of such families vulnerable to child labour.**

The GHAR programme; has thus helped families in such a way that the people have been able to contribute to the needs of the family and society at large, and made sure that the children of such families attain education.

- **After the 2014 floods, CHINAR Kashmir spent more than 1.25 Crores on Relief & Rehabilitation, of the flood victims.**

The impact of the Relief & Rehabilitation programme was that the immediate needs of the affected people were addressed hence making an instant impact in their lives.

RECOGNITION / ACHIEVEMENTS:

In January 2020, CHINAR Kashmir was awarded the “State award under the category of Social Reform and Empowerment” by Government of Jammu and Kashmir.

The model of CHINAR Kashmir Home and the basic methodology that CHINAR Kashmir follows for the rehabilitation of children can be replicated anywhere across the country. This fact was established when “CHINAR Home Programme” was selected as one of the best practices and was published in the book “The vision of Antyodaya” a study on Documentation and compilation of Antyodaya Based Best Practices in February 2020. The study was conducted by Indian Social Responsibility Network (ISRN) and supported by Ministry of Culture, Government of India.

Key Supporters:

The target that CHINAR Kashmir achieved in last 17 years was made possible because it got significant support from wide range of benefactors and organisations:

- *British Kashmiri Charitable Foundation (BKCF).*

- *Give India.*

- *Australian Kashmiri Association (AKA).*

- *Kashmiri Association of New Zealand (KANZ).*

- *Revive Kashmir.*

- *Jammu and Kashmir Bank.*

- *Numerous Individual donors residing in and outside India.*

OUR TEAM



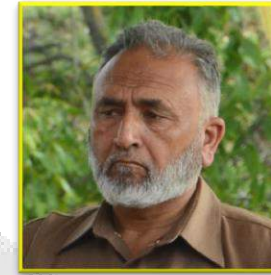
Mr. Nazir Ahmed Qureshi
President



Mr. Pirzada Mumtaz Ahmad
Secretary



Mr. Fiaz Ahmad Malik
Treasurer



Mr. Mohammad Zubair Beigh
Director



Ms. Razia Saif
Director



Dr. Fozia Snober Qazi
Advisor



Prof. Siddiq Wahid
Advisor



Mr. Aijaz Ahmed Mir
Advisor



Mr. Wali Mohammad Malik
Director



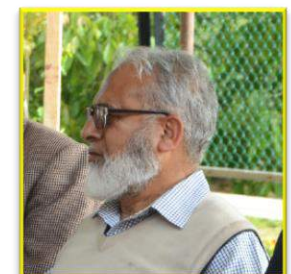
Mr. Mujtaba Shah
Director



Mr. Mehboob Hussain
Director



Mr. Abdul Aziz Rawa
Director



Mr. Abdul Rashid Teli
Director

Photo Gallery

1



2



1 , 2 - CK Home children leaving for school.

3



4



3, 4 - Children playing cricket match. Mothers can also be seen watching children from the lawn of CK Home.



5



6



7



8



9

5 - A view of a room of kids at CK Home.

6 - CK Home kid studying in his room.

7 - School Bus for CK Home children donated by JK Bank.

8, 9 - A view of computer lab and library for children at CK Home.



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12



13



14



15

10 - A view of recently constructed park at CK Home in collaboration with an NGO - Anthill Creations, facilitated by NGO - The STEARS.

11 , 12 - CK Home children enjoying in park.

13, 14, 15 - CK Home children taking part in the decoration of the park.



16



18



19



17



20

16, 17, 18, 19,
20 - View of
different SEED
Centres run by
CHINAR
Kashmir.



21



23



22



24



25

21, 22 -
Distribution of relief under DRR Programme.

23 - Distribution of relief cheques during 2014 flood relief under DRR programme.

24, 25 - A view of construction of house by CHINAR Kashmir under GHAR Programme.

JOIN THE CAUSE

You can help CHINAR Kashmir in achieving its mission through following methods:

DONATE TO CHINAR KASHMIR

Donation options:

- **Online:** The simplest and easiest way to donate! Just click on the DONATE NOW button on our website www.chinarkashmir.org.
- **Cheques or Cash Donation:** You can send these to us either directly or contact us for a pick up.
- Or if you prefer to *transfer to our accounts* directly, the details are as follows:

(A) For donations from within the India:

Bank Name	Account Name	Account Number	IFS Code
J&K Bank Barzulla	Child Nurture and Relief Kashmir	0278040100009899	JAKA0BAGAAT
J&K Bank Balgarden	Child Nurture and Relief Kashmir	0216040100015743	JAKA0GARDEN
UCO Bank Budshah Chowk	Child Nurture and Relief Kashmir	01230100006332	UCBA0000123

BECOME A VOLUNTEER

CHINAR Kashmir has benefitted immensely from the enthusiasm and energy that our volunteers have brought to our programs over the years. *We welcome volunteers from all age groups* who have an interest in working with children, *helping organize an activity* or *helping with office work*. There are several ways in which you can volunteer your time at CHINAR Kashmir. For example, some of the past volunteer activities have included helping with office work, *mentoring the children* and *engaging them in many extra-curricular activities*, *imparting computer training* and *arranging outings* for the children. If you are interested in volunteering with us, please mail at info@chinarkashmir.com / chinarkashmir924@gmail.com.

(B) For donations from outside India:

Name of the Bank	State Bank of India
Branch Name and Code	New Delhi Main Branch (NDMB), 00691
Account Name	Child Nurture and Relief Kashmir.
Account Number	40102526406
IFS Code	SBIN0000691
MICR Code	110002087
SWIFT Code	SBININBB104

CHINAR Kashmir has been authorized to receive donations/funds by Ministry of Home Affairs, Govt. of India. For this we have been registered under Foreign Contribution Regulation Act and our Registration No. is **152750028**.

A winter scene with people playing in the snow. The background shows a snowy landscape with bare trees and a fence. In the foreground, several people are playing in the snow. One person is running on the right, while others are standing or walking. The overall atmosphere is cold and wintry.

CONTACT US ;

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